



Car Emergency Kit Checklist

Essential Supplies

- ☐ Jumper cables (at least 10-12 feet long)
- ☐ Spare tire, jack, and lug wrench
- ☐ Tire repair kit or sealant (Fix-a-Flat)
- ☐ Tire pressure gauge
- ☐ Emergency roadside flares or reflective triangles
- ☐ Flashlight (hand-crank or battery-powered)
- ☐ Extra batteries

First Aid & Personal Care

- ☐ First aid kit (bandages, antiseptic, gloves, pain relievers)
- ☐ Personal medications (if needed)
- ☐ Hand sanitizer & disinfecting wipes
- ☐ Tissues or paper towels
- ☐ Feminine hygiene products

Power & Communication

- ☐ Portable phone charger (power bank)
- ☐ Car phone charger
- ☐ Emergency contacts list (written down)
- ☐ Battery-powered or hand-crank radio

If You Have Pets

- ☐ Pet food & water
- ☐ Leash & collar
- ☐ Small travel pet carrier

Tools and Repairs

- ☐ Multi-tool or Swiss Army knife
- ☐ Duct tape (for quick fixes)
- ☐ WD-40 or lubricant spray
- ☐ Bungee cords or rope
- ☐ Ice scraper & snow brush (for winter)

Food & Water

- ☐ Bottled water (at least 1 gallon)
- ☐ Non-perishable snacks (granola bars, nuts, protein bars)

Emergency & Safety

- ☐ Portable phone charger (power bank)
- ☐ Car phone charger
- ☐ Emergency contacts list (written down)
- ☐ Battery-powered or hand-crank radio

Seasonal & Weather Protection

- ☐ Blanket or emergency thermal blanket
- ☐ Extra socks, gloves, and hat
- ☐ Rain poncho or waterproof jacket
- ☐ Sunscreen & sunglasses



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INSTANT DIGITAL
DOWNLOAD. NO PHYSICAL
PRODUCT WILL BE
SHIPPED.**

Jay!

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